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# Postdoctoral Fellowships

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Starting with the first 2020 evaluation, EMBO will offer grants for host institutions in EMBC Member States to issue employment contracts to EMBO Fellows. Fellows working in other countries than EMBC Member States will receive a stipend.

**Please note:** These changes affect applicants entering the first evaluation round in 2020 and onwards. Applicants evaluated earlier and current fellows will remain under the stipend-based EMBO Long-Term Fellowships scheme.

## Fellowships in EMBC Member States

### Fellowship duration

EMBO Postdoctoral Fellowships are awarded for a period of two years although shorter durations can be requested. The minimum fellowship duration that can be requested is one year. Fellowships must be started within one calendar year from the relevant evaluation cut-off.

### Contract

EMBO provides grants to the host institution with the sole intention to cover the cost of an employment contract to be issued by the host institution to the awardee. These costs include employer's social contributions, awardee's social contributions, taxes as required by national and local laws and regulations, and the net salary of the awardee. The EMBO Postdoctoral Fellowship does not cover bench fees, overheads, funds for consumables or any other financial benefits to the host supervisor or the receiving institute. The [grant rate](#) depends on the country being visited. The transfer of funds is regulated by a grant agreement that will be signed by both EMBO and the host institution. The contract between the host institution and the awardee will be issued by the host institution according to the national and local regulations in each of the EMBC Member States.

### Childcare allowance

For children under the age of six, fellows can claim support for incurred childcare costs up to the amount of €2,500 per fellowship year and per child. The corresponding amount is prorated according to the fraction of the year in which childcare expenses were incurred.

### Relocation allowance

The relocation allowance is intended to cover travel costs up to the amount of €5,000 for the fellow and his/her family to and from the host institute. The relocation allowance further includes half a month's grant rate to contribute to relocation costs.

Carefully read the [EMBO Postdoctoral Fellowships guidelines](#) for further information.

### EMBO Fellows' Network

Every two years, fellows awarded three and four years earlier are invited to the [EMBO Fellows' Meeting](#) in Heidelberg. Similarly, once every two years, fellows residing in North America are invited to the [US Fellows' Meeting](#). These events bring fellows together in a friendly atmosphere. Fellows are asked to present their research, share experiences, and establish new collaborations and contacts. It is also an opportunity to meet the EMBO staff and give feedback and suggestions on the programme. Alternating with the [EMBO Fellows' Meeting](#) in Heidelberg, every two years fellows will be invited to the EMBO Alumni Fellows' Meeting.

EMBO encourages current, former and prospective fellows to follow the programme on [Facebook](#) and Twitter (@EMBOComm @EMBOFellows) for further information and events. This is also a great opportunity to meet and connect with your colleagues.

### EMBO Laboratory Leadership courses

EMBO Postdoctoral Fellows are offered to attend a [Laboratory Leadership Course](#) for postdocs in Heidelberg free of charge at the end of their fellowship. Please note that waivers are available only to a limited number of EMBO Long-Term Fellows per year, both previous and current. Places are granted on a strict first come, first served policy and although all fellows will be able to attend the course, there might not be available places for a course on a particular date. Waiver is available within five years of being awarded the fellowship and only if the fellowship is held for at least six months. Carefully read the [EMBO Postdoctoral Fellowships guidelines](#) for further information.

Fellowships in EMBC Associate Member States, countries and territories covered by a co-operation agreement and non-member states

## DEADLINES

Applications accepted throughout the year

## RELATED LINKS

[EMBC Member States](#)
[Postdoctoral application system](#)
[EMBO Fellowship Committee](#)

## DOWNLOADS

[Postdoctoral Fellowships guidelines | October 2019 \(pdf\)](#)
[Contract rates \(pdf\)](#)


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Fellows outside EMBC Member States receive a stipend (see below) for two years unless a shorter time is requested (minimum of one year) and have access to child care allowance, relocation allowance, EMBO Fellows' network activities and Laboratory Leadership courses, similar to fellows in EMBC Member States.

The stipend is solely intended to cover the cost of living in the host country. The EMBO Long-Term Fellowship does not cover bench fees, overheads, funds for consumables or any other financial benefits to the host supervisor or the receiving institute. The [stipend rate](#) depends on the country being visited and might be subject to taxation. **We cannot advise on national tax regulations and we recommend fellows to contact the relevant authorities in the host country.**

#### **Dependent child allowance**

EMBO Fellows are entitled to receive an additional allowance for dependent children under the age of 18. The value of the allowance depends on the country being visited. See the [stipend rate](#) sheet for further information.

#### **Parental leave**

Fellows whose children were born during their fellowship are entitled to three months paid parental leave. Fellows who take parental leave during the fellowship are entitled to an extension of their fellowship for an equivalent period. This extension has to be requested by the host supervisor at the end of the fellowship. Parental leave has to begin within six months of the birth of a child. Fellows must inform the EMBO Fellowship Office of their intention to take parental leave.

#### **Part-time work**

For childcare it is possible to work part-time (50% or 75% of full time) during the fellowship. Please note: The maximum fellowship duration (full-time plus part-time) must not exceed 36 months.

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